"Repentance is as much a mark of a Christian, as faith is." —Charles Spurgeon

"Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord." Acts 3:19



TODAY'S DEVOTIONAL:

As we kick off our 30 days of prayer, I was heartened to read this verse about finding times of refreshing. Times of refreshing. What a fantastic phrase.

We could all use some times of refreshing. The last few years seem to have taken a collective toll on so many people. We hear of isolation, loneliness, ruptured relationships, increased conflicts, and the like.

Loneliness created another set of problems as people discovered new ways to soothe their disturbed souls behind closed doors. Addictions, substance abuse, and divorce skyrocketed in the wake of 2020. Pastorally, I continue to see the ripple effects in our church.

Many who were once spiritually vibrant have lost their way. Ruptured habits led to ruptured lives.

When we are out of sync with the Lord, our sin can quench the Spirit's work in our lives. He is still present, but not able to work because we are out of alignment.

Repentance leads to times of refreshing because it is the act of "realigning" with the Lord. When we confess our sin and turn back to His ways, we invite the power of the Spirit.

And that's refreshing, indeed.

TODAY'S PRAYER FOR GOD'S PEOPLE:

Father, we often struggle to repent. Lord, show us where our hearts are divided. Show us the way back to alignment with you. And as we repent, provide the Spirit's supernatural refreshment. Amen.

TODAY'S PRAYER FOR THE PEOPLE ON YOUR LIST:

Father, show where lives have wandered from your heart's desires. Show them that true satisfaction and refreshment only comes from You. Give us opportunity to share You with them. Amen.

